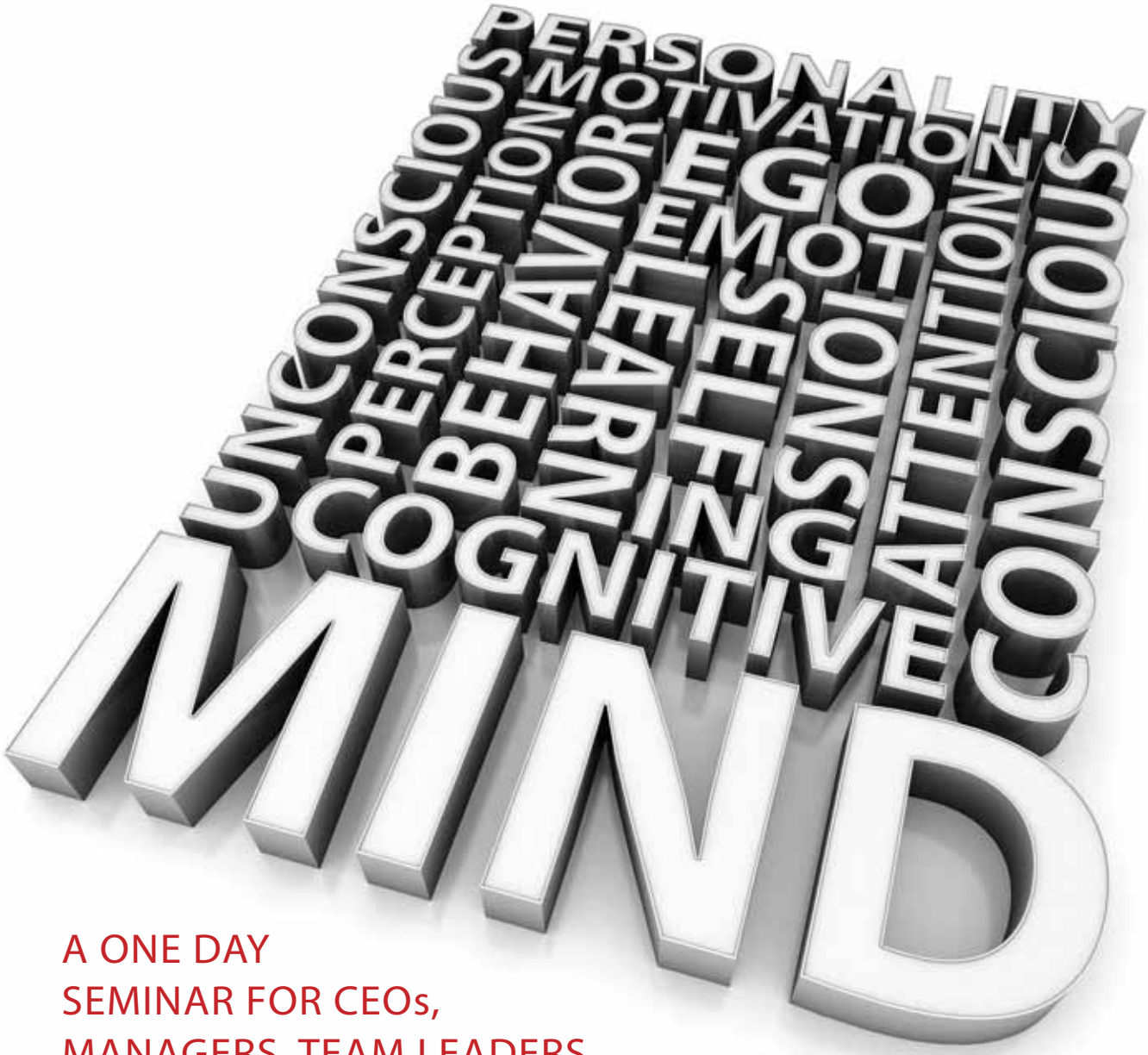
THE FIVE FOCUS STRATEGIES TO ACHEIVE HIGH PERFORMANCE LEADERSHIP



A ONE DAY
SEMINAR FOR CEOs,
MANAGERS, TEAM LEADERS
AND CO-ORDINATORS

GRIFFITH

Developing High Performance People

Leadership Sport Coaching

Five Focus Strategies To Achieve High Performance

One Day Seminar Outline

Focus Strategy 1 Ideal Self - Ideal Leadership

- Real leadership begins with a much broader base than career planning - from technical training to whole person development
- Motivation for real change comes from establishing a vision of your ideal self, who you want to be, what you need to change
- Leaders must connect with what really matters to them before they are able to make consistent long-term improvement

Learning Outcomes
- Understand the impact on leadership development of the four Intelligences – IQ, EQ, PQ & SQ
- Identify the gaps between current self and ideal self
- Establish a self directed learning action plan to achieve a shift toward ideal self and work/life balance

Focus Strategy 2 Leadership Competencies – Harness the Unlimited Power of the Brain

- How people perform individually and collectively is controlled by one factor – human development
- Hardwiring and habitual thinking patterns govern leadership results and corporate culture
- When people feel good, they work at their peak – effective change requires new learning and routines

Learning Outcomes
- Ability to identify the traits of a high performance leader and include these in your leadership repertoire
- Ability to identify gaps in competencies and work towards reducing these gaps
- Ability to identify the underlying causes of a particular leadership style

Focus Strategy 3 Leadership Styles – The Leader as a Coach

- If a group lacks harmony, it is unable to co-operate and make effective decisions
- Emotional intelligence and the ability to create team resonance and trust are essential competencies
- Coaching, Self Leadership, Engagement and Positive Thinking Cultures

Learning Outcomes
- Identify the five causes of low performing teams
- Move from a task based leadership model to a value based leadership model
- Ability to construct a format for creating resonance in your team

Focus Strategy 4 Leadership Performance - Health, Vitality, Success Without Stress

- Leaders must be able to reduce the negative effect of stress on the brain's capacity to focus on the task at hand
- Stress and strain in the workplace reduces positive moods and causes dissonant behavior
- Effective recovery strategies will enhance the function of the brain and nervous system to manage the Stimulus Stress Response and Widen the Gap

Learning Outcomes
- The participant will identify the gaps and actions for achieving a more balanced style of self leadership
- Enhanced capacity to create work/life balance
- Increased energy, clarity of mind, emotional self control, improved health and well being

Focus Strategy 5 Leadership Effectiveness, Managing Ourselves, Time Management, Work/Life Balance

- Improved time management is a factor of improved energy management
- Add value by maximizing results in a minimum interval of time - doing less and accomplishing more
- Strategic Leadership Success is an inside out personal paradigm shift

Learning Outcomes
- Eliminate the gaps between what is most important for your work life balance and how time and energy is actually allocated
- Focus on activities with longer-term value and high leverage while managing the immediate crises and demands
- Allocate time for reflection, strategizing, and creative thinking

Seminar Feedback

"This has been a valuable tool providing a catalyst for group discussion and a narrowing of focus and greater understanding of what we can achieve together if we really want to do so." Seminar Rating 9 out of 10
Nathan Buckley, Assistant Coach, Collingwood Football Club

"Today has stretched our thinking, opened new possibilities, guided us forward to self reflection and awareness. Mostly, for me and I hope our staff you have planted the beginnings of new wiring. Thanks!" Seminar Rating: 10 out of 10
Nick Shaw, Human Resources Manager, Alpine Health

"The High Performance Leadership Program addresses the usual challenges confronting people in leadership roles, however Steve delivers solutions through a number of innovative techniques which I have found very useful personally and for the development of individuals and teams." Seminar Rating 9.5 out of 10
Athol Backhouse, Regional Manager, Department of Environment and Resource Management, Queensland Government

"It was a quite entertaining day with a purpose. I have learnt techniques to assist me with my leadership and work/life balance." Seminar Rating 9 out of 10
Randall Hart, Regional Services Director, Department of Environment and Resource Management, Queensland Government

"This was a very interesting and informative, but most importantly inspirational seminar. I arrived in a somewhat negative state due to recent changes and influence of other people's behaviours. However I have left revitalised and inspired to change my ways, but confront any challenge that awaits me. Thanks Steve." Seminar Rating 9 out of 10
P. Konstantinidis, Risk Manager, GE Money, Australia & New Zealand

"I found the seminar to be extremely enlightening, as it gave me a new way of thinking about the way I conduct discussions with not only my immediate staff but all the staff within the network. I know I am able to identify the difference between the leadership types, and the leader I want to be perceived as." Program Rating: 9/10
Sophia Cole, Retail Operations Manager, Bendigo Bank

"Excellent. Fun, interesting & engaging"
Seminar Rating 9.5/10
Sharon Prior, Adelaide City Council

"A fantastic journey. Necessary for effective leadership; implementing different management styles; Greater self confidence - very important aspect. Awareness and knowledge of how to develop oneself was gained."
Seminar Rating 9 out of 10
Antonio Mazzone, Principle Solicitor Victorian Government Solicitor's Office

"The program has developed a greater sense of awareness of both myself and how I'm perceived by those around me. Building upon this, the program provided me with the strategies and tools to not only manage change but to successfully lead other people through change as well. You delivered the program with a style that is patient, personal and often informal. I will benefit from undertaking the program both vocationally and personally for ever."
Seminar Rating 9.5 out of 10
Nick Bedson, Manager Marketing and Operations, Kodak

"I am a hard marker. Very Informative and well presented. I was very impressed" Seminar Rating 8.5 out of 10
Kev Allan, Regional Manager, Department of Environment and Resource Management, Queensland Government

Performance Coaching Leadership Learning Influence Success Balance

For over 25 years the Griffith Consulting Group has worked with some of Australia's leading corporations including National Australia Bank, Coles Myer and McDonalds as well as leading sporting groups including individuals from the Olympic team, The Australian Football League, the NSW Waratahs, the Fiji 7s and the NFL .

Some of the Griffith Consulting Group Programs include the High Performance Leadership Coach Program, the Success Without Stress Program, the High Performance Mind - Body - Sport Recovery Program, the High Performance Breakthrough Team Program, the High Porformance Sports Team Program, the Leader as a Coach Program and One on One Coaching.

The Group's focus is on enhanced energy, engagement, health and wellbeing for executive development, leadership, corporate change and cross-functional team building. Each program is based on a sequential system of seminars, workshops and coaching to establish the self directed, long-term development of the individual that maximizes results in business, sport and life.

Some organisations that have used these programs include:

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